

## FAMILY TALK BACK QUESTIONS

1. Do you find it easier to believe in creation or in evolution?  
Why?
2. What do you think of when you hear the word "Sabbath"?
3. What Sabbath traditions do you have in your family?  
What Sabbath traditions would you like to have?
4. Why do you worship on Sabbath? Does it really make any  
difference as long as you choose one day a week for wor-  
ship? Explain.
5. When people ask you why you go to church on Saturday  
instead of Sunday, what explanation do you give?
6. Describe one of the best Sabbaths you can remember.
7. What part do you play in making the Sabbath a delight?



NEXT TIME: STANDARDS.



Lesson 3.

# Creation and the Sabbath

Name: \_\_\_\_\_

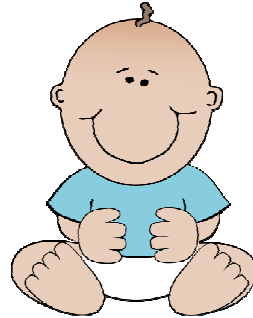
## IN THE BEGINNING . .

When is your birthday? Do you remember the exact date, including the year, you were born? Write down when you were born on the space below.

\_\_\_\_\_

Day                      Month                      Year

What do you remember about being born?



Here is the thing. Nobody remembers what happened when you were born. We have to depend on what others have told us or shown us. Some people are adopted and may not find out who their parents are, and some don't have any record of the exact date they were born. Since we can't remember what happened when we were born, we believe the people we trust when they tell us the date we were born and who our parents are.

What about the world? Some people believe in evolution theory which says that it was just through random chance that chemicals reacted and there was life. Little cells that over billions of years simply evolved from creatures in the sea that crawled onto the land, evolved into monkeys which eventually evolved into humans. Have you heard of this?

What does the Bible say? Write in your own words what the following text means. **Gen 1.1.** (p.7) \_\_\_\_\_

According to the Bible, God created everything. But who was there to see it? How many of you saw God create the world? Did anyone see God create the world? What does Hebrews says about this? **Hebrews 11:1-3.** (p 856). \_\_\_\_\_

Let's face it, no one was there to see God create the world, however for me this is a lot easier to believe than we simply evolved from monkey's. What about you. Do you believe that God created the world? \_\_\_\_\_

Why? / Why Not? \_\_\_\_\_

## THE SABBATH WAS MADE FOR YOU.

When Jesus was here he showed us that the Sabbath is to be a fun day that we get to spend with God worshipping him. We also get to spend it with family and friends and it a a day of opportunity of helping others.

What did Jesus say it was Lawful to do on the Sabbath

**Matthew 12:12** (p688) \_\_\_\_\_

Who did Jesus say the Sabbath was made for?

**Mark 2:27,28.** (p 707) \_\_\_\_\_

God didn't create us to keep the Sabbath, it was the other way round, the Sabbath was made for us. I like the translation that says "the Sabbath was made for the benefit of people." If you are not keeping the Sabbath you are missing out on the great benefits that God wanted you to have.

Jesus taught that the Sabbath is a great day for us to

Worship Him—by going to church.

Rest—from the sameness of the week.

Fellowship or Connect (with Family and Friends)

Share the love of God with other

Serve—help other in needs.



He is the Lord of the Sabbath and he made it as a special day for you.

As a child of God, part of His creation, do you want to get the most out of life by doing what God wants you to do?



Will you keep God's Sabbath day Holy?



I have decided that I want to follow Jesus and I want to keep his Sabbath Holy.

What special plans will you make to have this day as one that focuses on God and becomes the best day of the week? \_\_\_\_\_

## Which day, and what are we to do?

What day of the week do you think is the 7th day? \_\_\_\_\_

Everyone knows that the 7th day of the week is Saturday, therefore

**Saturday = Sabbath.**

This is the special day that God wants us to remember. Yet many people go to church on Sunday. Why do you think many Christians go to church on Sunday instead of Sabbath?

\_\_\_\_\_



There are only 8 texts in the New Testament that talk about the first day of the week. They are Matt 28:1,2 Mark 16:2; Mark 16:9; Luke 24:1; John 20:1, John 20:19, 1 Cor 16:2 and Act 20:7. Not one of them talks about any change of the Sabbath, in fact the first 5 talk about this being the day that Jesus rose from the grave. Jesus still wants us to keep his 7th day Sabbath Holy and to experience everything God intended for us on this special day. What does the following text say about this.

**Isa 58:13-14 (p 520)** \_\_\_\_\_

\_\_\_\_\_

Notice this calls the Sabbath a delight! But it is a day when we are to stop doing our own thing on God's Sabbath. Instead do the kind of things that God wants us to do that make us happy on his special day.

**5. Put an X by the activities you think would be good to do on Sabbath:**

- |  |  |
|--|--|
| <input type="checkbox"/> Go shopping     | <input type="checkbox"/> Visit people in hospital      |
| <input type="checkbox"/> Go hiking       | <input type="checkbox"/> Go to Sabbath school & Church |
| <input type="checkbox"/> Clean the house | <input type="checkbox"/> Help at a soup kitchen        |
| <input type="checkbox"/> Watch TV        | <input type="checkbox"/> Do things with your family.   |

**What activities do you like to do on Sabbath?** \_\_\_\_\_

\_\_\_\_\_

## CREATION AND ME.

Because we believe in God, and since we believe God has given us important messages in the Bible, it is easy to believe that God created the world—it's the very first message in the Bible.

**If there is a God, who ultimately made you?** \_\_\_\_\_

**If there is no God, who made you** \_\_\_\_\_



You were made by God. And if you were made by God that makes you a child of God. And if you are a child of God that means

1. you are created in the image of God. (Gen 1:26)
2. Your life has meaning, direction, and purpose. God put you here for a reason (Gen 1:27,28)
3. Show us that God cares about us because he made us.
4. Tells us the earth is the Lord's and we are to look after it.
5. Tells us that all life is sacred.



What else does the Bible say about creation? And who holds everything together? **Colossians 1:15-17. (p 833).** \_\_\_\_\_

Jesus loves us, and made us. So which story would you rather believe, creation or evolution.

**Would you rather be a child of God, or a child of a monkey or sea animal. Or slime mold.** \_\_\_\_\_

**I believe in God, so I believe that I'm a child of God. How about you?**

## GOD MAKES THE WORLD AND CELEBRATES.

Go back to Genesis 1 and write down what God made on each day.

DAY 1. \_\_\_\_\_

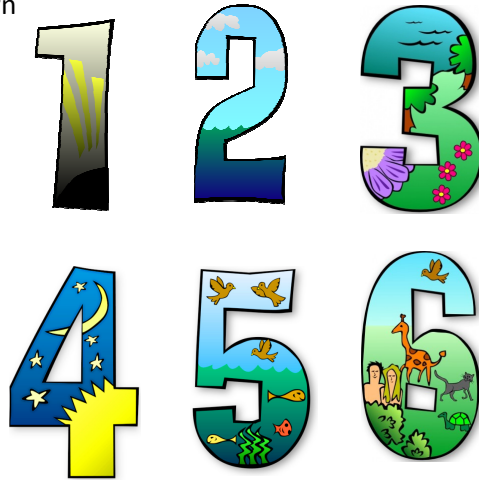
DAY 2. \_\_\_\_\_

DAY 3 \_\_\_\_\_

DAY 4 \_\_\_\_\_

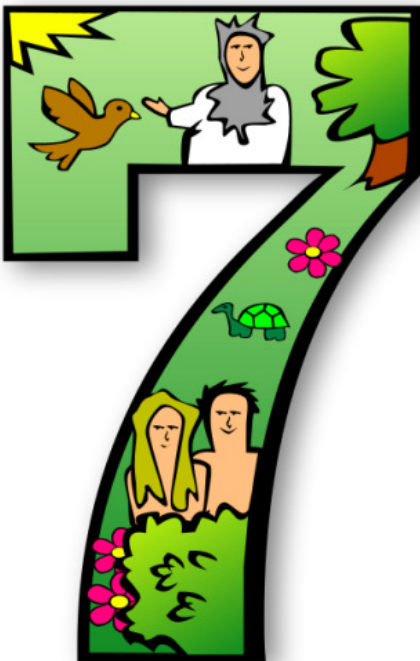
DAY 5 \_\_\_\_\_

DAY 6. \_\_\_\_\_



What did God do the seventh-day?  
Read Gen 2:1-3 and write out below what you think this means in your own words.

**Gen 2:1-3** (p 8) \_\_\_\_\_



The Sabbath is the birthday for the creation of our world. God set it up as a “day of rest” so He could celebrate His Creation. When we celebrate the Sabbath we demonstrate our belief that God created the world, and are reminded that we are His Children. Each week the Sabbath reminds us that no matter what happened or has happened, we are children of God because He made us!

Just as you celebrate your Birthday every year, we get to celebrate the birth of the world every week.

Lets sing happy birthday to the world!

## REMEMBER THE SEVENTH-DAY.

God rested on the 7<sup>th</sup> day – he stopped his work. He blessed it – made it a happy day – and he sanctified it he made it holy, he set it apart as a special day that He wants us to remember. So much so that he put this in his holy law the Ten Commandments.

How are we to remember this special day?

**Exodus 20:8-11 p59** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Just as God rested from all his work and celebrated on this day he wants us to do the same.

Look over this chapter at the ten commandments. Eight of these commandments start out with “you shall not.” What are the two commandments start in a positive way? **Ex 20:1-17**

1. \_\_\_\_\_

2. \_\_\_\_\_

Both of these are about our origins and where we come from. We are to remember our roots as human beings by honouring our mum and dad and keeping God Sabbath Holy.

So Sabbath started with Creation, it continued with the Ten Commandment, what does the Bible says that Jesus did on the Sabbath day? Did Jesus Keep the Sabbath?

**Luke 4:16 (p 725)** \_\_\_\_\_

Some people think the Sabbath was only for Gods Old Testament people, but Jesus kept the Sabbath. How long was the Sabbath to be a sign between God and his people?

**Exodus 31:17. (p. 68)** \_\_\_\_\_

The Sabbath is a memorial that is to last forever. God wants you to keep it, because he made it as a special day for you. And if you are going to follow Jesus, one of the best reasons to keep the Sabbath Holy is that Jesus did.

