

## FAMILY TALK BACK QUESTIONS

1. Which parts of the Bible do you like? Which parts don't you like? Why? How do you find the parts of the Bible you like?
2. Do you have a Bible of your own? How much time each week do you spend on your own reading the Bible? How much do you rely on others to provide you spiritual input?
3. When will you be the person in charge of your own spiritual life? What role will parents, teachers, Sabbath school leaders and teachers, friends, and others play in your spiritual life?
4. What's an example of one of your typical prayers? Are you satisfied with your prayers? Explain.
5. Give examples of prayers that were answered and prayers that weren't answered (as far as you were concerned.)
6. How real is God to you? How do you share this with others?
7. Is it easier to witness to friends and family members, or is it easier to witness to strangers? Why?



NEXT TIME: SPIRITUAL GIFTS.



Lesson 6.

# Spirituality

Name: \_\_\_\_\_

## The Bible

Have you ever wanted to talk with God? What about letting God talk to you? Since God made us, there is something deep inside us that doesn't feel right until we're in touch with Him. One of the key ways that God communicates to us is through the Bible.



The Bible is a library of 66 books. The first five books of the Bible were written by the prophet Moses, approximately 1,500 years later, with contributions by about 40 other prophets and writers, John the Revelator finished writing the last book found in the Bible.

Who or what guided these men as they wrote?

**2 Peter 1:21** \_\_\_\_\_

The writers of the Bible wrote not according to their own thoughts, but only as they were moved along by God's Spirit. How much of Scripture is inspired by God, and in your own words write down what the Bible is useful for.

**2 Tim 3:16,17** \_\_\_\_\_

The Bible is more than a remarkable Book; it's an inspired document, it's God's book for it is God Breathed. The writers related what they saw and heard in human language, but their message came directly from God. God is the author. It shouldn't surprise us then that the great themes of the Bible line up in perfect harmony. Who does the Scriptures testify about?



**John 5:39** \_\_\_\_\_ Why was the Scriptures, especially the New Testament written?

**John 20: 30,31** \_\_\_\_\_ The Bible tells us about Jesus. It was written so that we may believe on Him and by that we can have eternal life.

## WITNESS

Those who have a rich experience with Jesus find that unless they share what they have, their spiritual life goes stale.

What did Jesus say to the man who he had just healed from evil spirits?

**Mark 5:19** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



Jesus told him to go and tell others what God had done in his life. This is the best way of sharing your faith with others, simply tell them what God has been doing in your life. In your own words, write what the following verse say's about sharing your faith?

**1 Peter 3:15** \_\_\_\_\_

\_\_\_\_\_  
Notice the last line, do this with gentleness and respect.

What are some of the ways you can let other know about Jesus??

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



This lesson has been all about growing spiritually, by growing closer to Jesus. We do that by reading the Bible on a regular basis, praying to Jesus and remaining in Him, and by sharing our faith with others. This is how we maintain a relationship with Him.

Do you want to do your best in doing these things to grow closer to Jesus?

YES

MAYBE

NO

## SPIRITUAL GROWTH

When you are young, adults schedule your time for contact with God. It can be through family worships, taking you to Sabbath school and church, and they even could send you to a Christian School. But now you have come to the point of taking responsibility for your own spiritual development. You will still do all the other things, but the difference is now you are the one primarily responsible for your own spirituality. You are choosing what others used to choose for you.



Jesus has given us a clue for you when it comes to being in charge of your spiritual life. Write in your own words what you think the following means.

**John 15:1,4:5** \_\_\_\_\_

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Some people rely on the spiritual high from camp meeting, summer camp, a Pathfinder Camporee, or a mission trip to give them their spiritual input for a year or two. But it doesn't last that long. While there are ups and downs in a spiritual journey, Jesus instructed us to stay in regular contact with Him. How can you be friend with somebody when you're never in contact with that person?



Mature spirituality is making time for your friend Jesus.

Will you make regular time for Him? \_\_\_\_\_

## Reading, Reflecting and Growing.

How long will the word of God last?

**Isaiah 40:8** \_\_\_\_\_

Matt 24:35 puts it this way, *Heaven and earth may pass away but God's Word stands forever.* Looking back at history we can see many times various leaders tried to destroy the Bible by mass burnings and other methods. But the fact that you have a Bible in your hand right now show that they have failed.



But it is not just enough to know about the Bible, you have to read it, and reflect on it. What does the following text say about this.

**Joshua 1:8** \_\_\_\_\_

As you reflect and meditate on God's word you will be growing as a follower of Jesus. As you grow you will want to learn more things. Write down what you think the following text says in your own words

**Hebrews 5:12-14** \_\_\_\_\_

As you continue to grow with Jesus, you will want to discover more and more about Him.

**Do you own a Bible?** \_\_\_\_\_

**What Translation do you like best?** \_\_\_\_\_

**What is your favourite Bible verse?** \_\_\_\_\_

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Bible reading and reflecting on God's Word helps one grow spiritually. It is one of the key ways that we can communicate with God. So read the Bible!!



## The Lord's Prayer and us

The other key way to communicate with God is through prayer. Prayer is opening up your heart through talking to God, just like you would talk to a friend.

What do you think happens when we pray? Write some of your thoughts below.

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When Jesus was here on earth, His followers asked Him to teach them to pray. His response is now called the Lord's prayer. How would you write the Lord's prayer in your own words?

**Matthew 6:7, 9-15** \_\_\_\_\_

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This prayer has the follow elements 1) Praise or adoration to God, 2) Saying that we want God's will to be done in our lives 3) Asking God to give us the things that we need 4) Telling God that we are sorry for the wrong things that we have done 5) Asking Him to forgive us from those things, and 6) Asking God to protect us.



The prayers you say to God can be short, at other times they will be longer, it isn't limited to formal words you say when kneeling, with hands folded and eyes closed—although that's a type of prayer also. But the most important thing about prayer, it that you simply do it.

## Pray to God.

## Praying to Jesus.

Even though we see that prayer is so important, some people wonder if God hears our prayer at all. What does the Bible say God will do when we call upon Him?

**Psalms 91:15** \_\_\_\_\_

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When we ask God according to his will what does he promise?

**Matthew 7:7-8**

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God loves to hear us praying to him, and he loves to answer our prayers. Sometimes when God answers our prayer he will say yes, other times he will say wait, and sometimes to our requests he says no. But as you continue to pray and communicate with God, you will find that no matter what the answer to your prayer, your relationship will grow stronger with Him.



How often should we pray?

**1 Thess 5:17** \_\_\_\_\_

Our relationship with Jesus is such that we can be in continual contact with Him. He loves to communicate with us and hear from us.

What prayer would you like to say to Jesus right now?

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