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# THE FAMILY AND TECHNOLOGY

The Good the Bad and the Useful

#### PLUS CHEAT TIPS FOR PARENTS



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# MEDIA AND TECHNOLOGY

is a powerful force in a child's life today. Our children spend more time with media than in any other activity besides sleeping –

## AN AVERAGE OF 7 HOURS A DAY, SEVEN DAYS A WEEK.

Media offers a constant stream of messages about families, peers, relationships, gender roles, sex, violence, food, values, clothes and much more.

So how do we as parents and churches negotiate this mine field and help our children grow up in an emotionally and Spiritually healthy environment with such a technological, multi-media saturated world?



### SOURCES-

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